



News & Notes

Your quarterly dose of care, community, and good news



Welcome to our first printed edition of the Community Care Foundation newsletter.

This publication is a new way for us to share the stories, generosity, and impact that make our community so special. Each issue will highlight the people, partnerships, and donations that help strengthen local health care and support vital programs across our region. We are grateful to have you with us as we begin this new chapter and look forward to keeping you connected to the difference you help make.

Featured Story

"I made a promise to my dad to help him on his journey and be there for him no matter what."

-Karen with father and CCKL client Doug.



Issue Highlights

- Holiday Direct Appeal
– Featured Story
- Fundraisers Around The Community
- Event and Community Highlights





Community Third Party Fundraisers

Burns Bulk Food

Community Care Foundation was thrilled to be chosen as the recipient of Burns Bulk Food October Mix of the Month fundraiser! This year's Ghoulish Gummy Goodness for a Cause was a frightfully fun hit and SOLD OUT in a record 11 days! Thanks to this incredible community support, we were proudly presented with a **\$500** cheque from Burns.



Kawartha Lakes Concert Band

In December the Kawartha Lakes Concert Band held the Holiday concert, "A Winter's Dawn" and it was delightful. It was a double bonus for Community Care Foundation who received proceeds from their tickets sales. **\$1,050** was raised to support our **Meals on Wheels** Program. We are so grateful for their generous donation.

Lindsay Wholesale Club

In November, Community Care Foundation was presented with a generous donation of **\$1,420** from Lindsay Wholesale Club. For 2 weeks the team kindly asked customers at checkout to make a donation for their "Give a Little, Help a Lot" campaign. Thank you for your continued support!





Community Third Party Fundraisers

Kathleen P. made her 65th birthday unforgettable by dedicating it to a cause close to her heart. By asking guests to donate through the Foundation to Community Care **Hospice Services** instead of bringing gifts, she raised more than **\$230** to support compassionate care in our community. If you have a birthday, anniversary, or celebration coming up, consider joining Kathleen in turning your moment of joy into support for those who need it most.



Royal Bank of Canada

We are grateful to RBC for their continued partnership and support. In December, RBC staff generously volunteered their time to help package **Good Food Boxes** and contributed a **\$1,500** donation. Their long-standing commitment makes a meaningful difference in our community.

St. Dave's Diner

In December, St. Dave's Diner and students from I.E. Weldon came together to host a holiday bake sale in support of Community Care Foundation. Through their enthusiasm and generosity, these incredible young philanthropists raised **\$350**. We are deeply thankful for their commitment to giving back to our community.





Imagine waking up one morning and everything about your life; your routines, independence and plans have changed in an instant.

That was the reality for Doug and Phyllis in March 2022. With 62 years of marriage, enjoying active retirement playing golf, tennis, and volunteering for the Meals on Wheels Program, Doug suffered a stroke that changed everything. He was left with vascular dementia, partial blindness, and mobility challenges, suddenly unable to even get out of bed and enjoy the activities he loved most. Doug's daughter, Karen, also had to adjust to her new norm helping as a caregiver for her dad. Through this change, Karen made a promise to help her dad on his journey and be there for him no matter what. Recently she shared "Community Care, you help me keep my promise to my Dad".

They began their journey with Community Care through the **Geriatric Assessment and Intervention Network (GAIN)** where Doug's complex care needs were assessed and a personalized plan developed. **Transportation Services** help him travel safely to medical appointments, outings, and to the **Adult Day Program (ADP)**, where Doug has found a sense of belonging through trivia, exercise, dancing and creative activities. Doug calls it "going to Community Care" and says "I could not do it without all of you. Thank you, thank you, thank you". And Phyllis shared with Karen "I do not know what I'd do if your dad did not go to Community Care (ADP)".

For Phyllis, **Caregiver Respite** days are essential, giving her time to participate in social activities while giving her a reprieve from her role of caregiver.

Because of generous supporters like you, people who find themselves facing similar challenges to Doug, do not need to face them alone. Your support ensures no one is left without care, including yourself and your loved ones if the need becomes a reality, like it did in an instant for Doug, Phyllis and their family.

Make your gift today online at donate.ccckl.ca, in our office at 152 Angeline St N., Lindsay or call us (705) 324-7323 option 8.



Doug and Phyllis at our Adult Day Program



Community Connections and Recent Highlights

Merry Movie and Magical Moments

Thanks to attendees and sponsorship support we were able to raise over **\$5,000** in support of our Subsidies Program. You can read more about the event at ccckl.ca/foundation/events/



Donor Appreciation Events

This past fall, we welcomed businesses and individuals who have generously supported us over the past year to express our heartfelt appreciation for their continued generosity.

Lindsay Downtown Tree Lighting and Holiday Kickoff

The foundation team attended this event to spread holiday cheer and connect with attendees about funding and volunteer needs.





Fall/Winter 50/50 Draw

Celebrating Our Winners

Our 50/50 Draw continues to be a meaningful way for the community to support local care while having a chance to win. Thank you to **Mackey Funeral Home** for sponsoring this draw so we could provide some amazing Early Bird Prizes.

Early Bird #1 Winner (4 Peterborough Pete's Tickets + \$50 to the Petes Shop):

Theresa S.

Early Bird #2 Winner (\$500 Cash):

Lisa W.

Early Bird #3 Winner (\$1,000 Cash):

Frances L.

Jackpot Prize Winner (\$2,500):

Marie Y.



Your Impact in Action

Have a look at what your donations have supported this past year.

Over **7,000** client supported through healthcare and community based programs.

530 instances of social connection through wellness group sessions.

Nearly **3,000** instances of care was subsidized for individuals.

Retention and training for approximately **350** volunteers.

These 350 volunteers provided over **54,000** hours of care.

834 Hospice clients supported through challenging times of illness, grief, and loss.



Honoured Through Giving

This page celebrates individuals who have been remembered or honoured through generous donations made **between October and December**. Whether given in memory of a loved one or in honour of someone still living, these gifts reflect appreciation, love, and community spirit. We are grateful to everyone who has chosen to honour someone special through the gift of giving.



In Memory Of:

Alroy Walton	Kerry Polito	Shawn Mahaffy
Brenda LeBlanc	Lenore Leavy	Victoria Booth
Darlene Lipnicki	Michael Thompson	Wendy Wagland
Dean Myers	Paul McKay	Dorothy Wayne
Donald Silverman	Peter Strybosch	Doug Powell
Ross Chambers	Ross Chambers	

In Honour Of: Catherine Hennings Valmay Barkey

Why I Give – A Story of Generosity

During the holiday season, we are fortunate to receive many generous donations and heartfelt messages of appreciation. The following email was shared by Dana, the daughter of a client who receives Community Care services, expressing her gratitude.

"Just sending a quick note of thanks. Community care staff have been supporting my mother recently, helping her to get to and from medical appointments in Peterborough and Oshawa. She has been so grateful for the services and has raved about the kindness of your staff and volunteers. I've made a small donation to express my personal gratitude. Thank you for the work you do!" – D.M.

Do you have a story you would like to share to inspire others to donate? The Community Care Foundation would be happy to connect for a short, informal conversation to learn more.

Email: foundation@ccckl.ca
Call: (705) 324-7323 option 8



Support Care - Today And Into The Future

Give Now

Your generosity today helps ensure compassionate, accessible care for individuals and families across our community. Every donation, large or small, supports essential health care and community services and programs when they are needed most.

Ways To Give

- Donate online: donate.ccckl.ca
- Scan the QR code below
- Give by mail or in person:
[Community Care Foundation](#)
152 Angeline St N.,
Lindsay ON
K9V 3V7
- Call us: (705) 324-7323 option 8



Give Forever

A legacy gift is a meaningful way to support community health care for generations to come. By including Community Care Foundation in your estate plans, you can leave a lasting impact that reflects your values.

Legacy Gifts May Include:

- Bequests through your will
- Life insurance policies
- Securities or other planned gifts

If you are considering a legacy gift, we welcome the opportunity to speak with you confidentially.

Contact us to start the conversation:

Cindy Williams - Foundation Manager
Jessica Cameron - Fund Development Coordinator
foundation@ccckl.ca
(705) 324-7323 option 8

Thank you for helping us strengthen health and community based services - now and into the future.