

Community Care Supporter

For Helen, Community Care began as a practical support during one of life's most difficult seasons. After retiring to the farm where her husband Al had been born and raised, the couple eventually moved to Lindsay as Al's health declined. A teacher, grandfather, and proud community member, Al gradually lost his mobility and vision due to a complex neurological condition that eventually left him reliant on a wheelchair.

What followed were years of medical appointments and increasing caregiving needs. Throughout that journey, **Community Care** became a steady and compassionate presence in their lives. **Transportation services** were the first lifeline. Helen remembers the kindness of the drivers as much as the rides themselves. They were never rushed.



"They treated Al with dignity, patience, and warmth."

One driver took them right into the sanctuary of their church, another discovered a shared connection through local baseball history, sparking a conversation that brought Al genuine joy during an otherwise difficult chapter of life.

When Al required appointments in Toronto, **Community Care drivers** remained patient through long days of testing and waiting. Helen recalls how gentle and understanding they were during stressful moments that could easily have felt overwhelming.

Even after Al's passing, those connections remained meaningful. One former Community Care driver approached Helen at the funeral home simply to tell her how much Al had impacted him - remembering his nice hats, polished shoes, and the respect he showed to everyone he met.

Then came another crisis.

Turn over >>>

Built on Care, Backed by You

Name: _____

Address: _____

City: _____ Postal Code_____

I would like to make ☐ **a one-time gift** ☐ **a monthly gift**

My gift amount ☐ $100 ☐ $80 ☐ $60 ☐ $30 ☐ Other _____

☐ I've enclosed my cheque payable to: *The Community Care Foundation*

☐ I prefer to donate by credit card: ☐ VISA ☐ MasterCard

Credit Card #_____

Expiry Date_____ CSV *(three-digit code on back):* _____

Signature_____ _____

☐ **Yes**, sign me up for email from Community Care.

☐ **Yes**, send my tax receipt by email to keep costs low.

Email _____

Phone _____

For Monthly Gifts: specify _____ day of each month, beginning _____ (month / year). Include a VOID cheque if you are giving by bank withdraw.

A consolidated receipt for all monthly donations is mailed in January.

Your personal information is protected and kept confidential and only used for the administration of your donation, fundraising or communication activities.

During COVID, Helen and Al were forced from their home for two months because of flooding. With Al in a wheelchair and daily life creating demands on Helen's energy, **Meals on Wheels** became what Helen describes as "a godsend." Fresh meals arrived reliably when cooking and even getting to a restaurant was nearly impossible. The support eased not only the practical burden, but also the emotional strain on Helen and her family.

Today, nearly 2 years after losing her husband of 65 years of marriage, Helen says grief has been a journey of learning how to rebuild a life that suddenly felt empty. After years spent caring for Al, she found herself searching for purpose and connection again.

That is what brought her back to Community Care - this time as a volunteer.

Helen now describes Community Care as "my extended family." Through walking programs and volunteer opportunities, she found new friendships and community giving her a reason to step back into life. After receiving so much care herself, she now wants to help care for others.



Stories like Helen and Al's are exactly why Community Care matters. Every ride to a medical appointment, every delivered meal, and every helping hand represents dignity, independence and human connection for local seniors and caregivers facing difficult circumstances.

But we can't do it without our volunteers, who are caring people that give their time to make these services possible. As the need for Community Care's services continues to grow, we need to recruit new volunteers while recognizing and retaining the dedicated volunteers who are already at the heart of our work.

Your gift can **help strengthen our vital network of volunteers and provide subsidized care** for clients and caregivers who may otherwise struggle to afford the support they need. Together, we can make sure that cost is not a barrier to care and that caring, compassionate volunteers are there when our community needs them. **For families like Helen and Al's, these services are more than conveniences, they are lifelines.**

Give before Dec 31st and your gift will be **tripled** thanks to our gift-matching sponsors!

** gift matching up to $2,500 by each sponsor*

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Make your gift today at donate.ccckl.ca or use the enclosed envelope.

With gratitude,

Ryan Alexander
Lead Executive, Community Care Foundation
CEO, Community Care City of Kawartha Lakes

Paul Davidson
Chair, Board of Directors
Community Care Foundation

Leave a Legacy of Care

A gift in your will can make a difference for generations to come.

Including Community Care in your will or estate plans is a meaningful way to help ensure that future generations in the City of Kawartha Lakes continue to have access to the support, compassion and care they need. Every legacy, no matter the size, can make a meaningful difference.

We would love to know your thoughts:

□ I have already included Community Care in my will.
□ I am considering including Community Care in my will and would like more information.
□ I would welcome a confidential conversation about legacy giving. Please contact me. Preferred contact:

□ Email _____

□ Phone _____

Checking a box does not create any obligation or commitment.

BEGIN THE CONVERSATION

Your legacy can help care for our community for generations to come.

We would be honoured to carry your kindness forward.

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Community Care Foundation

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